

MONTSERRAT

SESSION 2: WHAT COULD GOD DO WITH MY LIFE?

Welcome to the second day of this retreat experience! Today we will explore what God could do with your life.

ACTIVITY: WHAT IF...

SIDE 1

On this side, draw an image of their ideal future. You can also make a collage of words that describe your ideal future, or any other illustration of what your ideal future will look like. When you are finished, turn to side 2.

SIDE 2

On this side, write down or illustrate the ideas or things that could get in the way of you achieving your ideal future. When you are finished, wait for further instructions.

REFLECTION QUESTIONS AFTER THE ACTIVITY

1. What does Freedom of Detachment and Indifference mean in your life?
2. What things/people/ideas in your life do you think are holding you back from loving God and others?
3. To realize your ideal future, what things/people/ideas might you need to detach yourself from?
4. When you look into your future, what do you see yourself doing? What values/goals will you live by?
5. Has your image of your future changed based on this concept of indifference and your experience of this retreat so far?

