

COME AND REST



Retreat will be in the Loyola Building. Registration begins at 5:00pm followed with a social at 5:45 and dinner at 6:30. Retreat ends with 1:30 Mass on Sunday.



The fee for this 2 night retreat is \$310, which includes a private room, meals, and daily conferences with your spiritual director during your stay.



To register:
website: www.jesuitspiritualcenter.com
Email: reservations@jesuitspiritualcenter.com
Phone: (513)248-3500 ex:10



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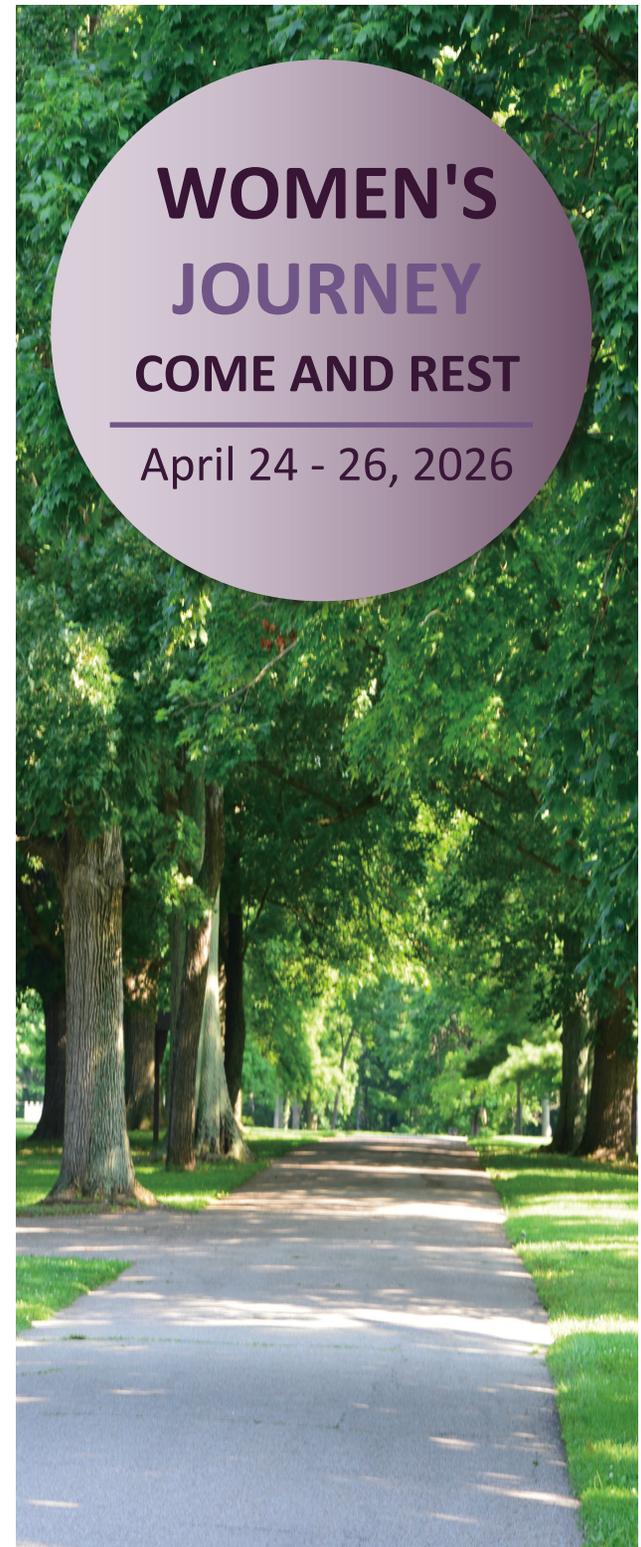
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www.jesuitspiritualcenter.com
5361 S. Milford Rd. Milford, OH 45150

WOMEN'S JOURNEY COME AND REST

April 24 - 26, 2026



COME AND REST

In the midst of life's heavy burdens and busyness, God invites us to rest. Leave behind what exhausts your soul and depletes your spirit and come. Come to Him who calls you His beloved and find the rest only He can give. This retreat is a semi-silent retreat, incorporating spiritual direction, unstructured time for silence and rest, group sharing, and communal prayer.



SPIRITUAL DIRECTION

You will have the opportunity to meet with a trained spiritual director each day who will help deepen your awareness of the movement and calling of grace in your life.



PRAYER

Pray and meditate on the scriptures in nature, through art, the labyrinth, and in community. Through prayer, we draw closer to God and calm our hearts.



SILENCE

Often in our busy world we struggle to hear God's voice. Silence deepens our spiritual life, and enables us to listen to the presence of God within ourselves.



DISCERNMENT

Retreat is an opportunity to respond to God and exercise our freedom of choice amidst life's decisions and changes, both big and small.

LED BY

RETREAT FACILITATORS:

Colleen Favetti is a certified Ignatian spiritual director with a lifelong commitment to accompanying others on their spiritual journeys. Her vocation has taken shape through one-on-one spiritual direction, leading retreats, and offering compassionate presence in settings as diverse as corporate marketing, dementia care, and hospice ministry. Colleen holds a B.A. in Communication from John Carroll University and earned her Certificate in Spiritual Direction from the university's Ignatian Spirituality Institute. She lives in a suburb of Cleveland with her husband and their two teenage children, embracing family life as another sacred space for grace and growth.

Roberta Bryer-King is a certified spiritual director and author of *Embracing Your Wicked Good*, *God Awe-Full Life: Rejoicing in Your Imperfection*, *Letting God Heal You*, and *Making Your Stumbles Part of the Dance*. A graduate of the University of Notre Dame with a BA in theology and economics and an MBA from Regis University, she has a diverse background that includes being a professional golfer, retreat leader, anti-human trafficking advocate, music minister, corporate IT program manager and writer. She lives in Akron, Ohio, with her husband and has three Russian-adopted sons in their twenties.

*Individual spiritual direction will be provided by Colleen, Roberta, and a team of gifted and trained women.